



Update from the Consortium of Lancashire & Cumbria LMCs

Tuesday 22nd September 2026

Help Us Grow Our Audience

We understand that you are busy and are likely to receive many emails on a daily basis. However it is important for you to receive communications from us because we can help and support you.

We know there are many colleagues who do not receive our brieflet, so please help us by sharing this with your team and [letting us know](#) to add them to our distribution lists.

Government commits to bilateral talks

BMA GPCE has confirmed that the Government has agreed to return to formal bilateral discussions, following positive initial contact with ministers and civil servants.

As a result, BMA GPCE has temporarily postponed any further escalation of collective action. However, the profession remains in formal dispute over the imposed April 2026 contract and practices should continue with current collective actions.

Discussions will focus on securing a roadmap towards a £50 per patient increase in core practice funding and addressing unsafe levels of demand. BMA GPCE has made clear that collective action may be escalated if sufficient progress is not made.

Read more on the [GP campaign webpage](#)

A reminder that the BMA [public petition](#) to support general practice remains open – please sign and encourage patients to do so too.

AI triage pilots via the NHS app

BMA GPC are aware that requests for expressions of interest have been going out to some areas to ask practices and PCNs (from 20,000 to 100,000 patient populations) to pilot AI-assisted triage within the NHS app. Future AI use within the NHS app was mentioned at the launch of the 10 Year Health Plan last year ([Managing healthcare easy as online banking with revamped NHS App - GOV.UK](#)) where phrases like "My NHS GP" and a "doctor in your pocket" were used along with the use of AI to provide "instant advice" to patients. The Joint GP IT Committee previously fed back to NHS England about the poor choice of words to describe such a tool. Until the regulatory landscape is firmly established around such AI tools and they are proven to be safe, and any effect on longer-term funding is known, BMA GPC would caution practices against involvement.

Help Shape the Future of Health Data Policy

The Department of Health and Social Care is continuing to recruit GPs to take part in a [national engagement programme](#) exploring how patient data is used for individual care, NHS planning and commissioning, and health-related research. There is a final series of three online workshops from 6-8.30pm on 21 September, 28 September and 5 October. This is an opportunity to influence decisions at a national level that will shape how patient data is used in the future.





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Burnout for GPs – 19th October 1pm – 2pm – Free (Lancs & South Cumbria Only)

Dr Lisa Tyrer is an ex-GP, burnout researcher, and BABCP accredited psychotherapist. She developed a burnout treatment group protocol for doctors and has been running treatment groups for almost 4 years at NHS Practitioner Health. Over this time Lisa has gained a wealth of knowledge and experience in treating and preventing burnout in NHS staff.

In this session Lisa will discuss the ICD classification of burnout and how it presents in doctors. We will look at some of the key contributors to burnout such as exhaustion, loss of balance of our work and our lives, and the rules we learn that stop us being able to take care of ourselves. The aim is to gain a greater understanding of what burnout is, its prevalence, and what we can do to protect ourselves.

Please email rebecca.noblett@nwlmc.org to book on.

Join the GP registrar committee

The elections for the 2026/27 session of the BMA's GP registrar committee have now concluded. However, regional seats remain vacant for Lancashire (North West Deanery region of North West LETB).

The BMA are currently looking for enthusiastic representatives to fill these positions and help complete the committee. All regional roles will run for two sessions, from 2026 to 2028.

Please share this with any GP registrars in your region who may be interested, and send an expression of interest to gpreistrars@bma.org.uk

LMC Vacancies - Help shape the future of General Practice

Three of our five Committees currently have seats available for GP representation:

- Lancashire Coastal LMC: several vacancies available
- Central Lancashire LMC: 1 vacancy available (Chorley & South Ribble)
- Lancashire Pennine LMC: 1 vacancy available (Rossendale)

Please let us know if you are interested in being a LMC member or would [like to find out more](#).

[You can find your LMC representatives on our website here.](#)

